



**WICHITA STATE UNIVERSITY
CARE TEAM**

IT'S OKAY TO NOT BE OKAY

CARE: Campus Assessment Response Evaluation.
Members reach out to students who are reported to be struggling or who have events in their lives that might cause undue hardship. Affected areas might include academics, social life, family life, financial situation, and physical and mental health.

CARE Team can help coordinate assistance for issues that include:

- **Health or mental health concerns for self or others**
- **Inability to get along with others**
- **Problems with self care**
- **Academic struggles**
- **Financial stressors**
- **Community resource assistance**
- **Changes in level of functioning**
- **Housing concerns or food insecurity**
- **Relationship struggles**
- **And more!**

VISIT

Room: Rhatigan Student Center 231

Phone: 316-978-3149

Email: care@wichita.edu

Web: wichita.edu/care

**FOR RESOURCES AND TO SUBMIT CONCERNS FOR
YOURSELF AND OTHERS.**



WICHITA STATE CARE TEAM

STUDENT TESTIMONIES

"Thanks to the help of CARE team I found housing in my first semester, scholarships that help me pay for my living expenses even today. CARE team helped me recover from my struggles with suicide and mental illness. I was given resources to reach out to and get treatment. I was given resources and even one on one assistance applying for scholarships. I was given academic assistance such as resources to tutors, student programs, and assistance getting required materials for my classes."

"CARE team has been a true blessing to me. When first being contacted I had no idea the lengths they were willing to go to help me. Every interaction with CARE team has made me feel important, safe, and heard. I 100% believe that I would not be here without the help of CARE team and CAPS."